

Coaching for Physicians

Specialized Coaching for Physicians and Healthcare Organizations

Patrick Hudson MD, FACS, Board Certified Coach

COACHING AGREEMENT

Dear Coaching Client,

I coach my clients by utilizing questionnaires, asking questions, listening carefully to what you tell me, jointly developing relevant homework, identifying your resources (experiences and qualities), creating strategies to overcome blocks to success, working toward a high degree of self-care, and identifying your values and vision. A key aspect of the coaching relationship is developing appropriate action steps to help you move toward your goals and dreams. Although there are no guarantees on the outcomes from coaching, most people report significant progress on their goals.

Coaching is not therapy. Although I am trained in psychotherapy, I do not engage in the practice of psychotherapy with my coaching clients. If issues arise that are best dealt with in a therapeutic context, I will refer you to an appropriately trained licensed therapist. In entering into the coaching relationship, and signing this agreement, you are agreeing that if any mental health difficulties arise during the course of the coaching relationship, you will notify me immediately so I may provide you with appropriate referrals.

We will agree on a standard time for our consultations. Once that time is established, it will be reserved for you. If you need to cancel an appointment, please provide **at least 24-hour notice** or you will be charged for the appointment. My fees are \$200 for a session lasting almost an hour. The initial session and any additional sessions are paid at the time of the session. You can use a check, cash or credit card. If your sessions are paid by a third party you may be asked to sign a release for them to access our records. Additional charges are made for assessments such as DiSC Profiles, Myers Briggs Type Inventory (MBTI), California Psychological Inventory (CPI), Bar-On Emotional Quotient Inventory (EQ-i) and other assessments. Please call for fees for organizations, workshops and day rates.

The information you share with me will remain confidential unless (1) you give specific permission to release the information or (2) I am required to release the information by law. Exceptions to confidentiality include information about intent to seriously harm an Individual, child abuse, and elder abuse. Be aware that privilege may not apply to coaching; in other words, coaching records may be able to be subpoenaed. Some means of communication, such as wireless telephones, text messaging and e-mail, may not be secure from eavesdropping, so if you agree to their use you are indicating your agreement to utilize a communication medium that may not be confidential.

Each party agrees to indemnify, defend, and hold harmless the other party and its agents, officers, and employees from and against any and all liability expense, including defense costs and legal fees incurred in connection with claims for damages of any nature whatsoever, including but not limited to, bodily injury, death, personal injury, financial or businesses losses, or property damage arising from such party's performance or failure to perform its obligations hereunder.

Coaching usually leads to improvements and positive changes in one's life. We will discuss the pros and cons of coaching together. I do not give any guarantee that you will see change or how much change may occur.

I believe that each of my clients is unique, creative, and responsible for moving their own life forward. I look forward to working with you.

Patrick Hudson, Board Certified Coach

Date

I fully understand and agree with the above document.

Coaching Client Signature

Coaching Client Name

Date

Coaching for Physicians

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