

Coaching for Physicians

Services Provided

The programs at Coaching for Physicians are designed primarily for physicians who are otherwise well functioning people and need to achieve their personal or professional goals. Dr. Hudson has special expertise in the coaching of physicians and their families. His approach is existential, which means that the focus is on understanding clients in a practical and realistic way.

Our services for physicians include coaching and lectures for:

- emotional intelligence (EQ) & communication skills
- burnout
- individual anger management
- disruptive physician assistance
- marital and relationship coaching
- time management skills and avoiding procrastination
- malpractice support and avoidance
- conflict resolution
- executive coaching
- teambuilding in healthcare
- personal life coaching and transitions
- career & retirement
- intensive and marathon coaching

Dr. Patrick Hudson is a surgeon and board certified coach helping physicians develop the skills they need to succeed in modern medicine. Dr. Hudson is a Fellow of the American College of Surgeons and a Fellow of the National Anger Management Association. He is a Board Certified Plastic Surgeon and a Board Certified Coach. In addition to his medical degrees, Dr. Hudson holds advanced degrees in Mental Health Counseling, Medical Ethics and Liberal Arts.